

## DAVE CĀ-PER-TON

Let's have a show of hands: How many of you would like to have a more balanced work life ? How many of you would like to know simple choices you can make starting now to *immediately* increase your level of personal joy and lower your stress? And how many of you would like to get rid of stubborn belly fat without diet or exercise?

I have good news! Our speaker today can help with two of those three things. He is a *joy strategist* and for over 15 years, he has traveled all over North America sharing his message of joy and healing laughter with some of the most iconic organizations in business, education and healthcare including Boeing, GE, and the IRS (Dave says they *do* have a sense of humor...but you probably shouldn't *count* on it). He's been an award-winning educator, a stand-up comedian and comedy-writer, an executive coach and performance consultant and the author of the book, **Happiness is Funny Thing**. Please welcome author, speaker, and a man Forbes Magazine refers to as, "current resident."

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